

# through art we care symposium

28/2 - 9-16h  
Royal Museums of Fine Arts of Belgium  
Brussels

Up until today, the arts and health debate has mainly been held within the medical field. With this inspiration day we want to open the conversation more to the arts field. International keynote speakers such as Norma Daykin, Anna Ledgard, Julie Rodeyans, Mari Linnman, Nigel Hartley and the 'Made to Measure' initiative will give an overview of the current field and discourse. In the afternoon we invite the professional participants to also share their ideas in various thematic dialogue tables. After the symposium there will be an opportunity to attend the opening of the 'through art we care' exhibition with an informal drink, performances, interventions, talks...



# programme

<b>9:15</b>	Introduction
<b>9:20</b>	Prof. Dr. Norma Daykin (University of Winchester, UK / Tampere University, FI) General overview international field and discourse art and care
<b>9:55</b>	Julie Rodeyns (Vrije Universiteit Brussel, Matchbox vzw) The relational in art. Explanations and arguments in favour of the importance of a deeper dialogue between art/artist and the patient as equals
<b>10:30</b>	Pause
<b>10:45</b>	Mari Linnman (3-CA, New Patrons) The importance and role of mediation and the mediator in a collaboration between art and care
<b>11:20</b>	Marie-Suzanne Gilleman en Isabel Vermote (RMFAB, Musée-sur-Mesure – Museum-op-Maat). Art and care in dialogue : How can we connect vulnerable target groups and the museum world? Some recent practical examples within the Royal Museums of Fine Arts of Belgium
<b>12:00</b>	Nigel Hartley (CEO Earl Mountbatten Hospice, ex-London Lighthouse) Practical hands on/methodology on how to introduce art in care centres
<b>12:40</b>	Lunch
<b>13:30</b>	Debate moderated by Anna Ledgard (ArtsAdmin, arts/health producer, UK) on the challenges of collaboration between the arts and care sector
<b>14:00</b>	Thematic dialogue tables where all participants work together on various questions. The results of these tables will be published in a digital publication that will be distributed to the larger community.
<b>16:00</b>	End of symposium
<b>17:30</b>	Opening ‘through art we care’ exhibition at De Markten (10min walk from conference venue) with informal drink, performances, talks, interventions, concerts in attendance of the exhibiting artists Christian Bakalov (BUL), Emi Kodama (CAN), Rudi Meulemans (BE), Naomi Kerkhove (BE), Jorge Leòn (SP/BE), ORACLE (Caroline Daish-AUS, Justine Maxelon-DE, Michel Yang-US), Vera Tussing (DE), Michael Schmid (DE).

# dialogue table topics

In the afternoon we will host 2 sessions of 50 minutes with each 9 thematic dialogue tables everyone can join. The results and ideas raised during those sessions will be published in an informal publication that will be shared with the larger community.

1. Artist vs. patient: how to create an ethical and balanced relation
2. Transformative aesthetics: how can professional arts have a significant meaning in healthcare settings (moderator: Julie Rodeyns -VUB)
3. A space for caring: How can artists create open mental, social and physical spaces in care (moderator: Justine Maxelon - artist/ORACLE)
4. The start: how can partners from the arts field and healthcare field together create a fertile and healthy soil to start an art-health collaboration. (moderator: Marie Brett).
5. How as an artist/art professional can you deal with the omnipresent concept of 'measuring impact'. (moderator Wouter Bouchez - IN/FINITY)
6. How to evaluate art & health projects (moderator Norma Daykin)
7. What knowledge, qualifications and skills are indispensable for artistic mediators in the art & health field (moderator Mari Linnman)
8. Fundraising, sectoral support and collaboration (moderator Anna Ledgard)
9. How can healthcare facilities and the healthcare field as such best facilitate arts and health collaborations (moderator Wim Distelmans)

## **Table moderators:**

- Wouter Bouchez (IN/FINITY / Through Art We Care project)
- Marie Brett (independent artists / arts & health specialist - Dublin)
- Free De Backer (Vrije Universiteit Brussel- VUB)
- Norma Daykin (University of Winchester, Tampere University)
- Wim Distelmans (TOPAZ palliative and supportive day care center / VUB)
- Mari Linnman (director 3-CA, art mediator, Paris)
- Anna Ledgard (ArtsAdmin, independent producer, arts & health specialist, London)
- Julie Rodeyns (Matchbox vzw / Through Art We Care / Vrije Universiteit Brussel - VUB)
- Frank Schweitser (TOPAZ / Vrije Univesiteit Brussels - VUB)

# practical

## Venues:

Symposium Venue:  
Royal Museums of Fine Arts of Belgium  
Museumstraat  
Brussels

Exhibition opening Venue:  
De Markten  
Oude Graanmarkt 5  
Brussels

## Cost & registration:

Admission: 5€ (20€ including lunch) [Get your ticket here](#)

!!! This ticket is only valid for the morning programme. Places for the afternoon are limited to professionals only. Please email us your name and function at [symposium@throughartwe.care](mailto:symposium@throughartwe.care) to register for the afternoon dialogue tables.

## Accommodation:

We have a partnership with the Hygge Hotel, walking distance from the conference venue. Participants get a preferred rate (non-refundable rates excluded) with code MATCHBOX (website: [www.hyggehotel.com](http://www.hyggehotel.com)). In general we recommend hotels in the southeast of the city center of Ixelles area between 'Porte de Namur' and 'Louise'.

## Transport:

Brussels is connected with the Eurostar, Thalys and ICE high speed rail network with fast connections from London, Amsterdam, Paris and various German cities. Brussels airport is a 15min trainride from the center. Charleroi Airport is a one hour shuttle bus ride away from Brussels city center.

## More info:

[www.throughartwe.care](http://www.throughartwe.care)  
[symposium@throughartwe.care](mailto:symposium@throughartwe.care)  
+32 488 243 834 (tel/whatsapp)

# biographies

## **Norma Daykin**

Norma Daykin is Professor of Arts as Wellbeing in the Centre for the Arts as Wellbeing, part of the University of Winchester's Health and Wellbeing Research Group and is also Professor at the University of Tampere, Finland. She is a social scientist known for her research on arts, health and wellbeing. Her research has spanned a wide range of topics, from the impact of hospital design on patient wellbeing through to the impact of participatory arts in mental health, primary care, community and justice settings. She is also a musician who draws on her experiences as a music leader and performer to inform knowledge exchange and best practice development. Norma's current research includes the What Works Wellbeing Culture and Sport Evidence Review Programme funded by the ESRC. She has twice received the Royal Society of Public Health's award for arts and health research.

## **Anna Ledgard**

Anna is an independent educationalist, researcher and producer. Over 20 years she has produced a body of innovative arts projects with patients and staff in acute care settings in UK hospitals with artists Sofie Layton, Mark Storor and others. She considers it her role to broker trusting relationships within and between institutions which make deep artistic collaboration and engagement possible. Their most recent project brings together arts and medicine to reflect on the human heart [www.insidetheheart.org](http://www.insidetheheart.org).

## **Nigel Hartley**

Nigel has worked in end-of-life care for almost 30 years, between 2003 and 2015 as Director of Supportive Care at the St Christopher's where he was responsible for transforming day and outpatient services, developing volunteers and also leading on community engagement. He previously held posts as art therapist at London Lighthouse, a centre for those living with HIV/AIDS, and also at Sir Michael Sobell House Hospice in Oxford. He has a postgraduate qualification in management from Ashridge Business School, England and has an international reputation as a teacher and lecturer. Nigel is also an experienced published writer having authored numerous articles, chapters and books. His books include 'End of Life Care – a guide for therapists, artists and arts therapists' (2014), and 'The creative arts in palliative care' (2008). He is a visiting academic at the University of Southampton and a Fellow of the Royal Society of Arts. He is currently Chief Executive Officer at Mountbatten, Isle of Wight in the South of England.

## **Mari Linnman**

Mari Linnman is the director of 3CA, a French arts non profit founded in 1998 with the aim to develop, produce and distribute contemporary arts projects. Their mission is to mediate and establish a dialogue between citizens and artists on various aspects of society such as healthcare, ecology, science. These projects result in the development of artworks within various contexts such as healthcare or social institutions. 3CA is also a partner in the international network of The New Patrons.

## Made to Measure

The Royal Museums of Fine Arts of Belgium aim to make their rooms and collections accessible to each visitor. Made to Measure offers guided tours, creative courses, workshops and themed activities tailored to specific audiences. In this way everyone has the opportunity to visit the museum in a personal and adapted way, regardless of disability, culture, language or any other restriction. Recently the museum has received a grant from the King Baudouin Foundation to further develop and research possibilities to open their collection up to new audiences in collaboration with various aging- and healthcare institutions. Isabel Vermote and Marie Suzanne Gillemann have developed this programme for many years as educators / art mediators at the Royal Museums of Fine Arts.

## Julie Rodeyns

Julie Rodeyns worked for 10+ years as a freelance art critic, art curator/ mediator and trainer in art education. She's an active member of the European New Patrons network and founding member of Matchbox, both organisations fostering collaboration between the arts and other domains in society (health care, education, public space,...). Julie is currently preparing her Ph.D. at the Vrije Universiteit Brussel, focusing on artistic collaborations within an end-of life context. She was also one of the initiators of the IN/FINITY project, a Belgian arts & health pilot project at the TOPAZ palliative and supportive day care center.

